INDIRA GANDHI NATIONAL OPEN UNIVERSITY



اندرا گاندهی نیشنل اوپن یونیورسٹی

Saida Kadal, Rainawari, Srinagar 190003

سيده كدل، رعناواري, أسرى نگر پن كُولا 190003

REGIONAL CENTRE, SRINAGAR – 30 (J&K)

علاقائی مرکز ، سری نگر

RC-Sgr/IYD-2023/2023 June 19, 2023

NOTICE FOR CELEBRATION OF INTERNATIONAL YOGA DAY-2023

In connection with the celebrations of International Yoga Day-2023, IGNOU Regional Centre Srinagar is organizing an online lecture on the theme "Yoga for Vasudhaiva Kutumbakam" on 20th June, 2023 (Tuesday) as per the below given schedule:

Time	Yoga Expert	Platform	Link
3:30 to 4:30	Mr. Nasir Ahmad Wani (Physical Education Trainer and and Yoga Expert)	Google Meet	meet.google.com/dtv-gnxg-qfd

You are cordially invited to attend the programme.

Sd/-Regional Director