

NOTICE FOR CELEBRATION OF INTERNATIONAL YOGA DAY-2023

In connection with the celebrations of International Yoga Day-2023, IGNOU Regional Centre Srinagar is organizing an online lecture on the theme “**Yoga for Vasudhaiva Kutumbakam**” on **20th June, 2023 (Tuesday)** as per the below given schedule:

Time	Yoga Expert	Platform	Link
3:30 to 4:30	Mr. Nasir Ahmad Wani (Physical Education Trainer and and Yoga Expert)	Google Meet	meet.google.com/dtv-gnxg-qfd

You are cordially invited to attend the programme.

Sd/-
Regional Director